

CALENDÁRIO DE ACTIVIDADES | CALENDAR OF ACTIVITIES

De 2 de Maio a 8 de Maio de 2016 | From the 2nd of May to the 8th of May 2016

SEGUNDA MONDAY 02/05	abyad RESTAURANT 07h – 11h - 18h30 – 22:30h Buffet	 11:30h Pilates 18:00h Cycling Abs 19:00h Yoga* <i>Free</i>	BYEPIC BAR SUSHI YAMA 19h00 – 22h30	 -	 18:00h – 01h	 10:30h – 18:00h	
TERÇA TUESDAY 03/05	abyad RESTAURANT 07h – 11h - 18h30 – 22:30h Buffet	 11:30h Yoga 18:00h Circuito <i>Free</i>	BYEPIC BAR -	 19:00h – 22:30h	 18:00h – 01h	 10:30h – 18:00h	 Workshop Cocktails ¹ 19:00h
QUARTA WEDNESDAY 04/05	abyad RESTAURANT 07h – 11h - Private Function	 11:30h Pilates 18:00h Cycling 19:00h Yoga* <i>Free</i>	BYEPIC BAR 18:00h – 24:00h	 19:00h – 22:30h	 18:00h – 01h	 10:30h – 18:00h	BYEPIC BAR Cuba Libre 
QUINTA THURSDAY 05/05	abyad RESTAURANT 07h – 11h 18h30 – 22:30h Buffet	 11:30h Yoga 18:00 Bootcamp <i>Free</i>	BYEPIC BAR SUSHI YAMA 19h00 – 22h30	 19:00h – 22:30h	 18:00h – 01h Pedro Frias Trio 	 10:30h – 18:00h	 Wine Tasting 18:30h ¹
SEXTA FRIDAY 06/05	abyad RESTAURANT 07h – 11h - 18h30 – 22:30h Buffet	 11:00h Cycling 18:00h Tabata <i>Free</i>	BYEPIC BAR SUSHI YAMA 19h00 – 22h30	 19:00h – 22:30h	 18:00h – 01h	 10:30h – 18:00h	 DJ + Live Act 
SÁBADO SATURDAY 07/05	abyad RESTAURANT 07h – 11h - 18h30 – 22:30h Buffet	 10:30h Pilates <i>Free</i>	BYEPIC BAR SUSHI YAMA 19h00 – 22h30	 19:00h – 22:30h	 18:00h – 01h	 10:30h – 18:00h	abyad RESTAURANT Ricardo Sousa 
DOMINGO SUNDAY 08/05	abyad RESTAURANT 06h – 11h - 18h30 – 22:30h Buffet	 11:30h Yoga <i>Free</i>	BYEPIC BAR SUSHI YAMA 19h00 – 22h30	 -	 18:00h – 01h	 10:30h – 18:00h	abyad RESTAURANT Divan 

SUGESTÕES DE ACTIVIDADES, EXCURSÕES E SERVIÇOS / ACTIVITIES SUGESTIONS , EXCURSIONS AND SERVICES

Para mais informações, favor contactar a Recepção / For more information contact Reception Desk

¹ Lugares limitados, inscrição na Recepção. *Limited places, bookings at the Reception Desk.*

*Aulas com duração de 90 minutos, com um custo de 15€ por aula. Inscrição no Spa. *Classes with a duration of 90 minutes have a cost of 15€ per class, bookings at the Spa Desk.*